



# Trainee Program Guidelines

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### Administration

What are the eligibility criteria to be a trainee in the MHRE training program?

- Must be registered as an undergraduate student at the University of Manitoba
- MHRE is open to students from all programs, including those from non-science backgrounds
- Exemptions can be provided to external students upon communication with the MHRE Director

Is there a fee for being an MHRE trainee?

- No. It's free

Will the training be online or in-person?

- To ensure maximum accessibility, all MHRE sessions will be conducted virtually on Zoom

What is the program schedule?

- The tentative scheme is to have 1-3 instructors present each month during the academic year
- Polling will be conducted to determine the best times for undergraduate students
- Specific dates and times will be shared with program members after polling results are finalized
- The timing of undergraduate classes and exam periods will be heavily considered

## About MHRE Training Program

What type of training is offered by MHRE?

- MHRE is instructed by 12 professional students with expertise in different disciplines of health science
- The primary purpose of MHRE is to provide trainees with opportunities to explore unique aspects and niches of health science that are otherwise not explored in the undergraduate curriculum
- To see examples of past MHRE sessions, please visit the following YouTube Link:
  - [https://youtube.com/playlist?list=PLUOpz0e\\_hqr1w-Ts4Sdweg2G-ulh0s50d](https://youtube.com/playlist?list=PLUOpz0e_hqr1w-Ts4Sdweg2G-ulh0s50d)

What are the program requirements for an MHRE Trainee?

- Trainees must attend 9 of 12 MHRE sessions and complete feedback forms by their specified deadlines
- Complete pre-and post- program feedback forms by their specified deadlines
- With the exception of short feedback forms, there will be no extensive assignments/midterms/exams

What if I cannot attend a session due to midterm/exam/work/other schedule conflicts?

- As a trainee of MHRE, you are allowed to request for approved absence from the MHRE Director
- Trainees with approved absences will be provided with the session recording to complete their forms
- Approved absence must be requested before the session deadline

What if I cannot meet the program requirements?

- While trainees are welcome to continue attending the MHRE sessions, failure to meet program requirements will disqualify candidates from graduation and thus benefits as an MHRE graduate

How are instructors selected for the MHRE training program?

- The MHRE instructorship is open to all professional students at UM
- To apply for the MHRE instructorship, candidates are required to submit a proposal explaining their session idea and the significance of their health science topic
- Following application deadlines, candidates are then selected for interviews by a panel of graduate and undergraduate student representatives from the University of Manitoba
- After extensive review, only a select group of professional students are selected for the MHRE instructorship

How long is each MHRE session?

- Each MHRE session will run for about 1 hour; 30 minutes lecture | 30 minutes activity

What are the benefits of being a trainee in the MHRE training program?

- Receive a co-curricular record for Foundational Skill Development
- Be eligible for shadowing programs at Rady Faculty
- Qualify for special opportunities in publication competitions and summer research programs
- Develop new connections, mentorships, and professional references

\*\*\* Unique training activities are rolled out by MHRE every year that are exclusively designed for trainees \*\*\*

Got questions? Please email the MHRE Director at [mhredirector@hsgsa.org](mailto:mhredirector@hsgsa.org)